



CENTRALNY OŚRODEK SPORTU

OLYMPIC SPORTS CENTRES IN POLAND

Cetniewo

Gizycko

Walcz

Spala

Szczyrk

Zakopane

Warszawa



7 Olympic sports centres in Poland

Central Sports Centre



CSC was established on December 2nd, 1969 to provide the training needs for the Olympic Teams and to train young sports talents. Since 1974 we have also been organizing sport events and sport camps for Polish sportsmen including famous champions such as: Adam Małysz, Justyna Kowalczyk, Tomasz Majewski, Krzysztof "Diablo" Włodarczyk.

Nowadays, Central Sports Centre is a chain of highly specialized professional bases for sport and congress which fulfill the needs of Polish sport and also offer their services to corporations and individuals.

Activities

Central Sports Centre is focused on ensuring perfect training conditions provided by Polish sports unions as well as on preparing national teams for Olympic Games, Paralympic Games and international championships. Additionally, Supports the development of knowledge and skills of physical culture professionals by e.g.: organizing workshops and publishing information for coaches (titles: "Biblioteka Trenera", "Sport Wyczynowy" and "Forum Trenera").

Localization

Conference and training bases which are known as Olympic Sports Centre are situated in places attractive for both: climate and geography. The locations and equipment of the centres make them perfect for conferences, business meetings, incentive programmes and leisure.

Olympic Preparation Centre "**Cetniewo**" in **Władysławowo**

Olympic Preparation Centre in **Gizycko**

Olympic Preparation Centre in **Walcz**

Olympic Preparation Centre in **Spala**

Olympic Preparation Centre in **Szczyrk**

Olympic Preparation Centre in **Zakopane**

Olympic Preparation Centre in **Warszawa**



Olympic Sports Centre facilities:

- 15 multi-functional sports halls
- 5 indoor swimming pools
- 7 multi-functional sports fields
- 27 tennis courts
- 4 athletic stadiums
- 8 ski jumping hills
- 3 ski tracks
- 1 ice rink
- 1 speed skating rink

Olympic Sports Centre's base allows to support many disciplines in Polish sport:

- | | | |
|-----------------|------------------------|---------------------|
| ○ Fencing | ○ Alpine skiing | ○ Rowing |
| ○ Weightlifting | ○ Cross-country skiing | ○ Football (soccer) |
| ○ Judo | ○ Athletics | ○ Basketball |
| ○ Wrestling | ○ Sailing | ○ Volleyball |
| ○ Tennis | ○ Boxing | ○ and more |
| ○ Ski jumping | ○ Canoeing | |

Business and Individuals Offer

Olympic Sports Centre, besides its sports services, offers the training, conference and hotel base for business and individual use. We give services to all leisure and sport stays, conferences, trainings, team-building and incentive programmes.

Centralny Ośrodek Sportu

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F. Stamm Olympic Preparation Centre “CETNIEWO” in Władysławowo

CETNIEWO



OPC “CETNIEWO” in Władysławowo is a very unique place because of its over 50-years history and tradition, as well as the location in the beautiful park at the seaside with the Baltic Sea access, only 50 km from Trojmiasto. OPC “CETNIEWO” is also remarkable for its hospitality, experience, professional staff and wide range of services.

OPC “CETNIEWO” realizes all programmes based upon the most modern infrastructure in Poland: conference and training rooms, accommodation (311 beds) in apartments and single, double and triple rooms. Guests can use billiard table, children's playground, cafe and secured parking. The stylish interiors and the cosy atmosphere help in creating a perfect place for banquets, conferences, integration and business meetings.

SPORT FACILITIES

OPC “CETNIEWO” offers the most modern sport facilities:

- Athletic stadium with a football and rugby pitch with adjoining training fields
- Interdisciplinary team sports hall with dimensions of 90 x 30, with the possibility for division
- Team sports hall
- Judo and wrestling hall, fencing hall, boxing and weightlifting hall, gym
- Indoor swimming pool with bio-regeneration complex, SPA, cryogenics chamber
- Tennis courts with artificial lighting
- Multi-functional sports field
- ‘Rent a bike’ possibility



Fencing



Sports hall



Sports hall

F. Stamm Olympic Preparation Centre “CETNIEWO” in Wladyslawowo



The offer for organised groups, corporate and individual guests includes:

- interdisciplinary team sports hall with dimensions 90m x 30m with a possibility for division into three individual sectors - independent courts, equipped with an electronic scoreboard, sports and weightlifting equipment, press offices, production office, office, fan stands, locker room and showers. The hall hosts many international events such as European Weightlifting Championships, European Junior Handball Championships, European Championships in Cadet Basketball, International Judo Contest and European Union Boxing Championships
- Sports halls: 36m x 18m facility that can be set up to hold basketball and volleyball courts and two boxing rings. The hall has a long history, it was the first forge of Pappa Stamm
- Judo and wrestling hall with 3 judo and 2 wrestling mats and weightlifting equipment
- Weightlifting hall with 12 fully equipped weightlifting positions and a gym with 6 additional positions
- Fencing hall, fully equipped with 15 metallized mats
- Multi-functional 44m x 22m tartan pitch with a tennis court, volleyball court, tennis wall, also giving an opportunity to train elements of basketball and handball. With floodlights
- Four brick powder courts with floodlights
- Throwing circle (hammer, discus, shot put)
- Gym
- Indoor swimming pool "Aquarius" with a 70m water slide, water massage nozzles, water geyser, jacuzzi and shades, modern equipped, compliant with FINA requirements for holding of tournaments
- Training field
- Athletic stadium compliant with IAAF requirements

ACCOMODATION

Olympic Preparation Centre's hotel base includes seven hotels:

- "ALBATROS"- the main building with a reception desk, dining hall, cafe and offices, 69 beds (37 single and double rooms)
- "RYBITWA" Guesthouse – 38 beds (3 large apartments, 7 small apartments, 9 double rooms)
- Five hotel pavilions with 204 beds (79 single, double and three person rooms)

We offer 311 accommodation spaces in 1-, 2-, 3-person rooms and apartments. All rooms are equipped with a full hygienic and sanitary installation, TV-sat, telephone and wireless Internet. Rooms are disabled and wheelchairs friendly. Guests are welcome to use billiard hall, children's playground, cafe and secured parking.

CATERING

All meals are always diversified and prepared to the highest quality standards. We invite you to:

- "Nadmorska Dining Hall", located in the main building "Albatros"
- Albatros Cafe with a summer terrace and home made ice cream
- Mirrored Room for conferences and meetings

CONFERENCE HALL

The Stylish interiors and the cosy atmosphere help in creating a perfect place for banquets, conferences, integration and business meetings.

| A | m ² | | | | | |
|------------------------------|----------------|-----|-----|-----|-----|-----|
| Interdisciplinary Hall | 160 | 150 | 150 | 50 | - | Yes |
| Small conference hall | 735 | 300 | 300 | 250 | 300 | Yes |
| "Albatros" Hotel | 105 | 130 | 130 | 100 | 80 | Yes |
| "Albatros" Hotel Mirror Hall | 143 | 80 | 80 | 80 | 60 | Yes |
| Room "221" | 61 | 40 | 40 | - | 40 | Yes |
| Room "111" | 42 | 40 | 40 | 30 | 20 | Yes |



Interiors



Surface



Theatre type of arrangement



Conference type of arrangement



Square type of arrangement



Banquet type of arrangement



Air conditioning

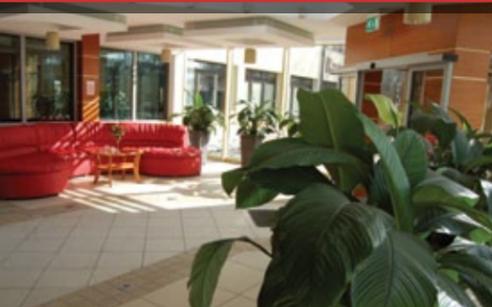
ADDITIONAL SERVICES

Bio-regeneration

OPO "Cetniewo" offers Bio-regeneration, Rehabilitation, SPA and cryogenics chambers. Modern equipment and experienced staff ensure high quality of services.

Offered treatments:

- physiotherapy
- hydro-therapy (Scottish whips, the salt water baths)
- saunas (Finnish, steam, infrared)
- cryogenics
- rehabilitation
- massages (dry water, aqua)
- SPA



Olympic Preparation Centre in Gizycko



OPC in Gizycko is located in the heart of Mazury - The Wonder Of Nature, which is a very attractive area for both: landscapes and leisure. Its beautiful location in the centre is one of its biggest advantages. OPC in Gizycko has its own long traditions. Many events, including the sport ones, take place there. All of them are well organized to meet the customer's needs and expectations. OPC's staff is very experienced in all the services which are necessary to do the best for sailing, swimming marathons, picnics and entertainment.



Kisajno Lake

SPORT FACILITIES

OPC in Gizycko is a professionally equipped centre with all requirements for recreation and professional sport. The offer:

- Modern sports hall with rehabilitation infrastructure and offices
- Small sports hall - the building consists of three rooms: a room with weightlifting positions, two atlases, gym devices, a room with a mat for combat sports and a boxing ring.
- Marina with 60 mooring positions accessible for yachts and ships
- Yacht hire: Omega, DZ, Duzy Trener
- Launch boats hire (engine types: 15 KM, 20 KM and 90 KM)
- Small sail boats, canoes, paddle boats, bikes etc. rent
- Multi-functional pitch with volleyball court, basketball court and badminton court
- Tennis courts



Lakeside



Marina

Olympic Preparation Centre in Gizycko



ACCOMODATION

OPC in Gizycko offers over 350 beds located in several buildings, all surrounded by greenery, near the lake.

DORMITORY – SEASONING ACCOMODATION:

- 30 beds in 65 double rooms equipped with a full hygienic and sanitary installation
- two conference halls and two tv rooms

GUESTHOUSE APARTMENTS

9 guesthouses (bungalows) situated on one hill, offering 198 beds. Each guesthouse has:

- 1-, 2-, 3-person rooms
- club and television room
- sauna

DORMITORY "B1":

- 13 beds in comfortable 1-, 2-, 3-person rooms and one apartment
- wireless Internet

DORMITORY "B2":

- 25 beds in comfortable 1-, 2-, 3-person rooms
- infrared sauna
- wireless Internet

CATERING

Beautifully situated restaurant "Okraglak" with 300 places and a landscape terrace with additional 200 seats.

Grill Bar in the summer season.

CONFERENCE HALL

The beautiful surroundings and the cosy atmosphere are conducive to banquets, conferences, intergration and business meetings.

| A | m ² | | | | | |
|-----------------------|----------------|----|----|----|----|---|
| Dormitory Hall 1 | 35 | 35 | 30 | 25 | 20 | - |
| Dormitory Hall 2 | 44 | 40 | 40 | 30 | 20 | - |
| Guesthouse Apartments | 46 | 40 | 40 | 35 | 20 | - |



Interiors



Surface



Theatre type of arrangement



Conference type of arrangement



Square type of arrangement



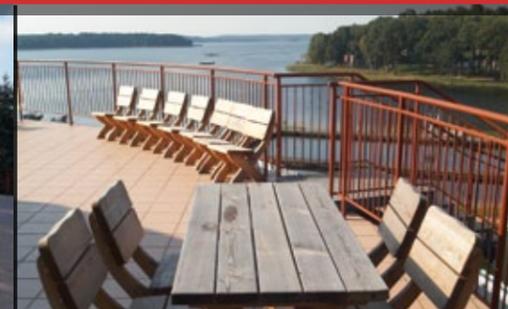
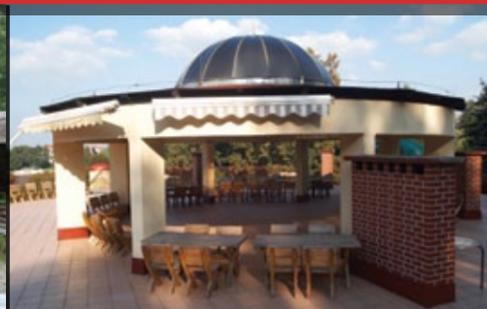
Banquet type of arrangement



Air conditioning

ADDITIONAL SERVICES

- Guarded beach
- Kisajno Lake view terrace
- Bio-regeneration
- Sauna



Olympic Preparation Centre in Walcz



OPC in Walcz takes a large area by Radun Lake at Walcz Lake District, on a glade, beyond old oaks and beeches, far from a bustling city. The centre's equipment is modern and fulfills conditions necessary for professional sports training. All buildings are situated within short walking distance. OPC in Walcz specializes in water sports however it also offers many walking and biking routes. OPC in Walcz is opened for training camps and leisure all year long.

SPORT FACILITIES

Olympic Preparation Centre's base is modern and professionally equipped:

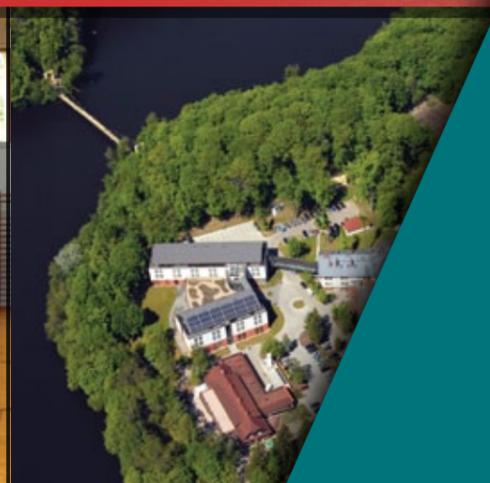
- Indoor swimming pool
- Rowing and canoeing track
- Sport halls
- Sports equipment hire
- Gym
- Mineral surface stadium
- Boxing hall
- Ski and roller skating route
- Tennis courts
- Pitches
- Professional boxing rings
- Indoor rowers



Indoor swimming pool



Football pitch



Rowing track

Olympic Preparation Centre in Walcz



ACCOMODATION

DORMITORY "LIDER":

- 10 single rooms
 - 66 double rooms
 - 2 apartments
- (146 beds)

MAIN BUILDING:

- 6 double rooms
 - 5 three person rooms
- (27 beds)

DORMITORY "SYDNEY":

- 5 single rooms
 - 14 double rooms
 - 1 apartment for two persons
- (35 beds)

"GUESTHOUSE PASIEKA":

- 6 double rooms
 - 1 apartment
- (14 beds)

SUMMER BUNGALOWS:

- 4 bungalows for four persons
 - 4 bungalows for six persons
- (40 beds)

"PAVILION DW700":

- 6 single rooms
 - 24 double rooms
- (54 beds)

CATERING

The restaurant offers seats for 180 people. Cameral meetings take place at Fire Place Hall with 25 seats offered. Cafe bar and summer terrace have separate entrances.

Receptions, banquets, barbeques and parties are organized under the request of our guests.

CONFERENCE HALL

The beautiful surroundings and the cosy atmosphere are conducive to banquets, conferences, intergration and business meetings.

| A | m ² | | | | | |
|------------------|----------------|-----|-----|-----|-----|-----|
| Hall 1 LIDER | 120 | 100 | 100 | 80 | 60 | Yes |
| Hall 2 LIDER | 114 | 95 | 95 | 75 | 55 | Yes |
| Hall 3 LIDER | 84 | 50 | 50 | 30 | 25 | Yes |
| Hall 1,2 LIDER | 234 | 195 | 195 | 145 | 115 | Yes |
| Hall 2,3 LIDER | 198 | 150 | 150 | 111 | 85 | Yes |
| Hall 1,2,3 LIDER | 318 | 350 | 350 | 190 | 145 | Yes |
| Sports Hall I | 250 | 350 | 350 | 270 | 250 | - |

Interiors
 Surface
 Theatre type of arrangement
 Conference type of arrangement
 Square type of arrangement
 Banquet type of arrangement
 Air conditioning

ADDITIONAL SERVICES

The sports complex in Walcz offers rehabilitation: kinesiotherapy and physiotherapy as well as bio-regeneration. All the buildings are friendly to the disabled. The treatments are for both, individual guests and organized groups.

We offer:

- spacious and functional dormitories
- disabled friendly swimming pool with a lift
- wide range of bio-regeneration and physiotherapy treatments (rehabilitation chambers, cryogenics, jacuzzi, water whips, water geysers)

We ensure medical care:

- surgeon
- internist
- physiotherapist
- nurses



Olympic Preparation Centre in Spala



Spala is famous for its Olympic Preparation Centre which is a professional training base for national and olympic teams of many disciplines, particularly athletics. The centre is one of the most modern sports centres in Poland and Europe. It is also one of the best rehabilitation - conference centres in Poland. This is the place which hosts the best Polish sportsmen as well as hundreds of corporation and individual guests.



Indoor swimming pool

Because of its central location, the Centre is a perfect place for congresses, conferences and integration events. Nature surroundings, silence and fresh air makes Spala the best place for relaxation.



The centre is disabled and wheelchairs friendly. It includes exclusive hotel base, catering and a rich sports, conference and recreation facilities as well as bio-regeneration treatments. The area is 24/24 secured and monitored.



Beach volleyball



Sports hall

Olympic Preparation Centre in Spala



SPORT FACILITIES

Sports facilities in Olympic Preparation Centre in Spala are modern. They include:

- Athletic stadium with the 400 m runway
- Athletic stadium with a tartan surface on the runway of 400m, equipped in accordance with the international athletics standards in force. It has been granted an IAAF certificate.
- The largest athletic hall in Poland with 200m tartan runway, including 60m straight run. Inside the Hall there is a shot-put zone, javelin training runway, long jump and triple jump sections, pole vault jump and high jump zones and the weight lifting and training annexes.
- Multi-functional sports hall with courts for team games, fencing section, 10-stand pneumatic shooting range section and weightlifting section
- Indoor swimming pool 25m long
- Five tennis courts
- Three beach volleyball courts
- Gym

ACCOMODATION

The Spala centre has a base of 259 luxurious hotel rooms located in the following buildings:

- **HOTEL "CHAMPION":**
- 138 rooms (185 beds)
- **HOTEL "OLIMPIJCZYK":**
- 56 rooms (95 beds)
- **HOTEL "JUNIOR":**
- 65 rooms (91 beds)

CATERING

Catering at Spala Centre includes:

- two dining rooms for 380 and 240 people. The Kitchen staff is able to satisfy the individual needs of our guests adjusting our menu to a desired diet. The formal and elegant dinners, banquets, special parties and barbecue are also provided. Champion Cafe and Olimpijczyk Cafe are for the guests disposal.

CONFERENCE HALL

The Centre has 9 well equipped conference halls

| A | m ² | | | | | |
|-------------|----------------|-----|-----|-----|-----|-----|
| Audiovisual | 120 | 110 | - | - | - | - |
| ABC | 140 | 110 | 80 | 40 | 80 | - |
| D | 54 | 50 | 24 | 24 | 35 | - |
| E | 54 | 50 | 24 | 24 | 22 | - |
| F | 120 | 100 | 80 | 30 | 84 | Yes |
| G | 180 | 160 | 120 | 40 | 126 | Yes |
| H | 180 | 160 | 100 | 40 | 126 | Yes |
| FG | 300 | 270 | 210 | 70 | 210 | Yes |
| GH | 360 | 330 | 240 | 80 | 252 | Yes |
| FGH | 480 | 450 | 330 | 110 | 337 | Yes |
| J | 73 | 50 | 28 | 16 | 21 | Yes |
| K | 73 | 50 | 28 | 16 | 21 | Yes |
| "8" | 100 | 40 | - | 20 | - | - |
| Junior | 56 | 20 | - | 20 | - | Yes |

A Interiors

m² Surface

Theatre type of arrangement

Conference type of arrangement

Square type of arrangement

Banquet type of arrangement

Air conditioning

ADDITIONAL SERVICES

The centre's guests can visit Olympic Health Centre where following treatments are offered:

- bio-regeneration (sauna, massages, salt cave)
- cryotherapy (use of low temperatures in medical therapy)
- physiotherapy (ultrasounds, laser therapy, electrotherapy)
- kinesiotherapy (wide range of exercises)
- hydrotherapy (salt baths, ozone baths, Scottish whipes, massages)

Individually selected rehabilitation and health programmes, complemented by specialist treatments in well equipped chambers not only prevent the development of many diseases but also hold them back, motivate and counteract depression.



Olympic Preparation Centre in Szczyrk



Olympic Preparation Centre in Szczyrk is placed among the top of the best sport complexes in Poland. It has become the place where Polish and foreign teams training camps are organised. The diversity and high quality of the sport facilities and professional staff are the reasons why so many recreation and integration events for companies, e.g. company competitions and tournaments are held. The Centre's facilities are also available for individual guests who wish to spend their free time actively, to improve their physical condition and to take care of their health in a natural way.

Olympic Preparation Centre in Szczyrk is one of the biggest ski centres in Poland. One of the ski trails fulfills world championship requirements for the competitions of the world championships rank. Cableway and drag ski lifts have the capacity of 3900 persons per hour.

Szczyrk is a popular and well-known for its excellent climatic conditions both in summer and winter. Sheltered from the winds and exposed to the sun it offers excellent snow conditions. It is the starting point of numerous nature trails and cycling routes. Its excellent location makes Szczyrk's Olympic Preparation Centre the perfect place for professional training and active relaxation.

SPORT FACILITIES

The Olympic preparation centre in Szczyrk has a wide range of sports and recreation facilities:

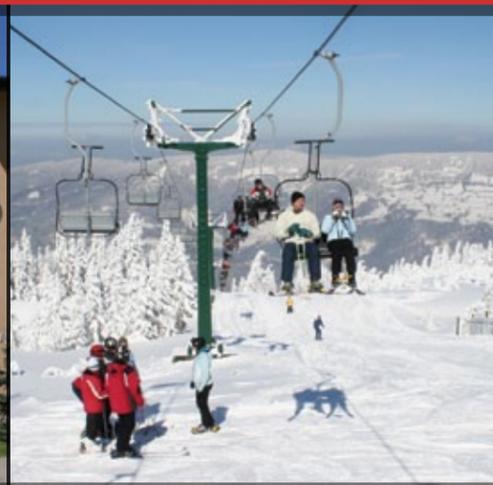
- The Aerial Cableway to Skrzyczne
- Different level ski runs of the total length of 20km, the only FIS downhill ski run in Poland
- SKALITE Ski Jump Complex comprises of three ski jumps open all year round: the large K-95 jump, the middle K-70 jump and the small K-40 jump
- K-120 Adam Małysz skijump in Wisła Malinka



Indoor swimming pool



Sports hall



Stadium

Olympic Preparation Centre in Szczyrk



- Kubalonka cross country ski runs, the distances: 2.5 km, 3.0 km, 5.0 km, 7.5 km with biathlon rifle range and infrastructure for sportsmen
- Multi-functional sports hall of dimensions 44m x 27m, height 12,5 m, 900 seating places, well equipped, disabled friendly
- Tennis courts
- Beach volleyball courts
- Indoor swimming pool of dimensions 25 m x 12,5 m
- Gym
- Stadium with a tartan surface, runway and audience, located next to Skalite downhill and Zylica river
- Team games courts

ACCOMODATION

- **HOTEL "HARNAŚ"** 130 beds in 1-, 2-, 3-person rooms:
 - apartments
 - wireless Internet
- **APARTMENT LOCATED NEXT TO "SKRZYCZNE" CABLEWAY:**
 - 1 six person apartment
- **GUESTHOUSE "JUNIOR":**
 - 2 houses for eleven persons
- **GUESTHOUSE "JUNIOR":**
 - 1 house for six - eight persons

CATERING

The sports centre has a restaurant and a cafe. All meals are prepared from the highest quality products. The kitchen staff is able to satisfy the individual needs of our guests adjusting our menu to a desired diet.

CONFERENCE HALL

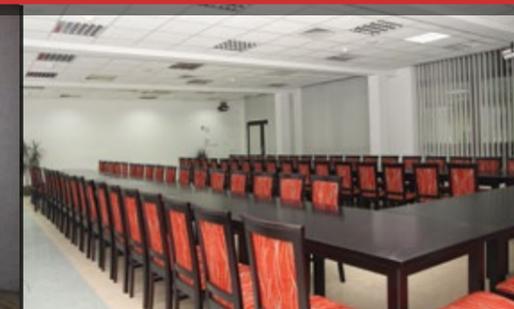
The Centre in Szczyrk offers 5 spacious, well equipped banquet and conference halls:

| A | m ² | | | | | |
|---------------------|----------------|-----|-----|----|----|-----|
| Hall "Big" | 138 | 140 | 140 | 80 | 60 | Tak |
| Hall "Small" | 70 | 70 | 70 | 45 | 40 | - |
| Hall "Reading room" | 31 | 25 | 25 | 15 | 10 | - |
| Hall | 20 | 10 | 10 | 10 | 10 | - |
| Hall "Sports hall" | 40 | 30 | 30 | 30 | 20 | Tak |

Interiors
 Surface
 Theatre type of arrangement
 Conference type of arrangement
 Square type of arrangement
 Banquet type of arrangement
 Air conditioning

ADDITIONAL SERVICES

- Bio-Regeneration Chamber - modern and well equipped ensures the highest quality of the treatments offered. The professional staff is always ready to help the guests.
- Solarium
- Sauna



Olympic Preparation Centre in Zakopane



Olympic Preparation Centre in Zakopane is one of the most important centres belonging to the Central Sports Centre and one of the most favourable places for winter sports activities. Many generations of Polish Olympic teams members practiced in Zakopane what was followed by many successes at international level competitions.

OPC Zakopane has over 45-years history of hosting sportsmen and tourists who look for mountain air. National Tatra Park is a neighborhood of the Centre and it ensures many walking routes and beautiful views.

Although OPC in Zakopane is the base of winter sports, it is also a perfect place for practising in other disciplines. The courts are located from 925 to 950 m.a.s.l., cross country ski routes much higher.



Ski jumps



Speed skating rink

SPORT FACILITIES

The Centre's sport and recreation facilities are well equipped:

SKI JUMPS COMPLEX

The ski jump complex in Zakopane comprises four different heights ski jumps in Poland which are popular for training competitors of all age groups. The biggest one called Middle Krokiew hosts Ski Jumping Continental Cup, FIS, Lotos Cup and Polish Ski Jumping Championships. Middle Krokiew is also a place of practising for foreign countries competitors, such as: Norwegian, Russian, Slovenian and Swiss.

THE GREAT KROKIEW H-136

The most famous ski jumping venue in Poland. Since its beginning in 1926 it is the cradle of Polish ski jumping and its many successes. Completely modernized three times. Hosts World Ski Jumping Cup in winter and Grand Prix in summer. Modern cableway built in 2008 is an attraction for tourists who can get on the top of The Great Krokiew and see the landscape of Zakopane. Many entertaining and cultural events takes place by The Great Krokiew.



Polo

Olympic Preparation Centre in Zakopane



ATHLETIC STADIUM WITH A FOOTBALL PITCH

One of the three most modern athletic stadiums in Poland. Facilities for high jump, long jump, pole vault, discus, javelin throw, hammer throw, shot put, a runway with water jump and football pitch (6428m²). Located 913 m.a.s.l.



MULTI-FUNCTIONAL COURTS BY THE STADIUM

Surface 2600 m², polyurethane, floodlights, team games courts: handball, volleyball, basketball and tennis courts.



FOOTBALL PITCH "PLATO"

Surface: 8280 m², artificial grass, lighting equipment: 16 lamps on 4 poles (of height 20,2 m), dimensions: 97 x 65 m (includes a special place for goal keepers' training)



SPEED SKATING RINK AND ICE RINK

Ice hall with the longest term of ice use in Poland (from October to April). In summer it is a roller skate rink to train cross country ski, biathlon etc. Inside the speed skating rink there is a public ice rink.



SPORTS HALL



SWIMMING POOL

two swimming pools, gym, judo, wrestling, weightlifting halls and bio-regeneration chambers



TENNIS COURTS

3 single and 2 double courts



RUNNING TRAILS



SKI AND ROLLER SKATES TRAIL

2,5 km winter loops (3 and 5km) for country cross skiing located in The Great Krokiew area

ACCOMODATION

Hotel "IMPERIAL" offers 166 beds:



16 single rooms



75 double rooms

All rooms are equipped with TV-SAT and telephone. Wireless Internet is accessible at the main hall by the reception desk.

CATERING

The restaurant is located at Imperial hotel. It is a spacious room decorated in regional style, with a capacity up to 100-120 people downstairs and 60 people upstairs, offering buffet lunch.

In Imperial Hotel there are also a folk style tavern and cafe which provide catering and entertainment.

CONFERENCE HALL

The Centre in Zakopane has two well equipped and air conditioned conference halls.

| A | m ² | | | | | |
|---------|----------------|----|---|---|---|-----|
| Hall I | 72 | 60 | - | - | - | Yes |
| Hall II | 50 | 40 | - | - | - | Yes |



Interiors



Surface



Theatre type of arrangement



Conference type of arrangement



Square type of arrangement



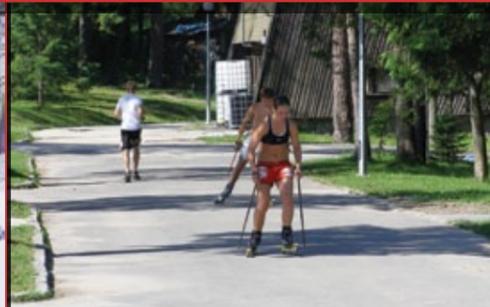
Banquet type of arrangement



Air conditioning

ADDITIONAL SERVICES

- Bio-regeneration Chambers with modern equipment



Central Sports Centre in Warsaw Sports and Conference Centre "TORWAR"



Sports and Conference Centre „TORWAR” is a complex of two sports halls situated near the city centre, at the meeting point of major communication routes. „Torwar I” hall is one of the biggest performance and sports halls in Warsaw. It is a perfect place for organizing various sports events, concerts, exhibitions, fairs, conferences, banquets and corporate events.

We have hosted concerts of such worldwide celebrities as: Leonard Cohen, Gary Moore, Chris Rea, R.E.M., Garou, Placebo, Marlin Manson, Prodigy, Simply Red, Deep Purple, Rihanna, 50 Cent, Alicia Keys, Snoop Dogg, The Australian Pink Floyd, Dream Theater, Tokyo Hotel, 30 Seconds To Mars and many others.



More and more often, TORWAR is visited by stars of various musical festivals, such as the „Summer Jazz Festival”, which features artists like Jami Cullum and Paco de Lucia. Our venue regularly hosts real estate, construction, wedding, fishing, cosmetics and moto fairs which are attended by people from all over the country.

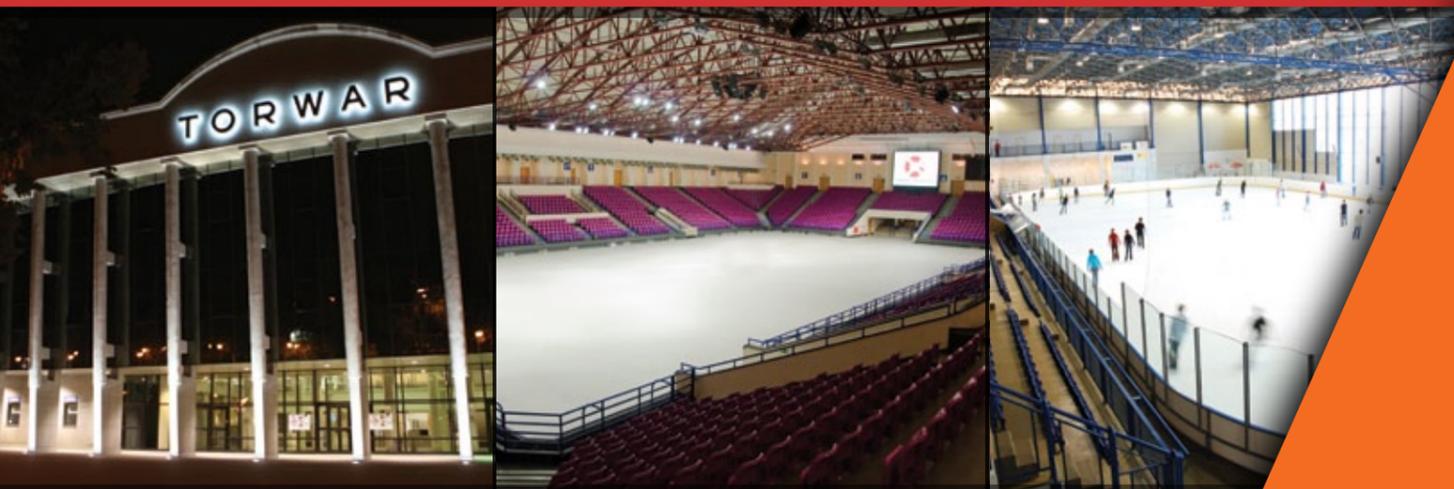
The ice rink is adapted for figure skating, hockey, curling and public ice skating.



Table tennis



Volleyball



Ośrodek Przygotowań Olimpijskich w Warszawie
ul. Łazienkowska 6a, 00-449 Warszawa, Polska
tel.: +48 22 529 88 00, +48 22 529 88 13, fax: +48 22 529 89 06
e-mail: dzialsprzedazy@cos.pl; lodowisko@waw.cos.pl

www.torwar.cos.pl

Skating



Central Sports Centre in Warsaw Sports and Conference Centre "TORWAR"



SPORT FACILITIES

PERFORMANCE AND SPORTS HALL TORWAR I is a place of the most important sports competitions such as European Weightlifting Championships, European Short Track Championships, European Figure Skating Championships, Show Jumping World Cup, "Holiday on Ice", "Special Olympics", riding competition "Computerland Toyota World Cup", games of the Poland national basketball, handball, and volleyball teams, and many other sport events. Recently TORWAR has been returning to the tradition of hosting grand boxing fights, and other martial arts.

Torwar hosted the Orlik Cup - The Prime Minister Donald Tusk Cup for girls and boys football teams. Its purpose is to promote fair play among children and teenagers, within the framework of the programme "My sports field - ORLIK 2012"



Sports and Conference Complex in Warsaw offers:

- Sports and entertainment arena: Main pitch – over 2000m² large. The stand's capacity is over 4800 spectators, and it is surrounded by spacious corridors.
- Small training hall (700m² of surface), with full-size court for volleyball, basketball, handball, football, tennis. It is also adapted for various conferences, trainings, or corporate events.
- Artificial ice rink TORWAR II – This facility meets requirements of international federations. Ice rink dimensions: 30m x 60m, the stand has 640 seats, choreography room 108m² large which can also be used as a gymnastic hall and a conference room.

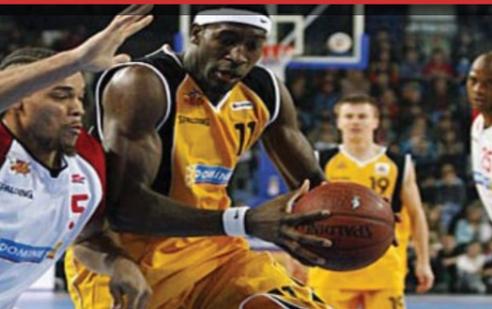
CONFERENCE HALL

Sports and Conference Centre "TORWAR" offers its hall for conferences up to 5000 participants. There are also smaller rooms such as Small Hall for 400 people and three air conditioned and fully equipped conference halls of surface 120m² with separate catering and a main hall perfect for parties and banquets.

- Main Hall with 4824 seats in the audience with a possibility of putting extra chairs.
- Small Hall which is a training hall seating 300 people
- 3 spacious conference halls, air conditioned, with audiovisual equipment, Internet access and telephones
- Large, spacious hall in front of the bigger halls, catering possible
- Catering next to conference halls

| A | m ² | | | | | |
|------------|----------------|-------------------------|-----------------------|----|------|-----|
| Hall | 2100 | 1480 (+ sectors A-Z) | 4800 (sectors A-Z) | - | 1000 | Yes |
| Small Hall | 700 | 300 | 300 | - | 300 | Yes |
| Hall "A" | 120 | 120 | 120 | 35 | 60 | Yes |
| Hall "B" | 120 | 120 | 120 | 40 | 60 | Yes |
| Hall "C" | 120 | 120 | 120 | - | 60 | Yes |

Interiors
 Surface
 Theatre type of arrangement
 Conference type of arrangement
 Square type of arrangement
 Banquet type of arrangement
 Air conditioning





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